

**ALCOHOL PROBLEMS 3-YEAR LOCAL ACTION PLAN
2003-04 to 2005-06**

MIDLOTHIAN

***Purpose: to reduce alcohol-related harm
in MIDLOTHIAN***

***(National Plan for Action on alcohol
problems, para 2.7)***

PART A – THE ALCOHOL ACTION TEAM (AAT)

A1. AAT PROFILE:

ACTION TEAM NAME*	MIDLOTHAN DRUG & ALCOHOL ACTION TEAM
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ACTION TEAM REMIT*	ALCOHOL PROBLEMS	YES
	DRUGS	YES
	SMOKING	NO
	VOLATILE SUBSTANCES	NO
	(Other – Please Specify)	

CHAIR*

NAME	MALCOLM MCEWAN
DESIGNATION	CHIEF SOCIAL WORK OFFICER
ORGANISATION	MIDLOTHIAN COUNCIL

NUMBER OF MEETINGS 2002/03*	6
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MEMBERS*

NAME	DESIGNATION	ORGANISATION
MALCOLM McEWAN	CHIEF SOCIAL WORK OFFICER	MIDLOTHIAN COUNCIL
DONALD MACKAY	DIRECTOR OF EDUCATION	MIDLOTHIAN COUNCIL
LIZ COATES	SUBSTANCE MISUSE DEVELOPMENT OFFICER	MIDLOTHIAN COUNCIL
JOHN THAYERS	EDUCATION OFFICER	MIDLOTHIAN COUNCIL
JIM TILSTON	SUPERINTENDENT	LOTHIAN & BORDERS POLICE
DAVID WHITE	MANAGER	MIDLOTHIAN HEALTHCARE CO-OPERATIVE
GRAEME MCARTHUR	DISTRICT MANAGER	SCOTTISH DRUGS GORUM
ALISON MALCOLM	ASSISTANT MANAGER	MIDLOTHIAN VOLUNTARY ACTION
MARGARET WELLS	DIRECTOR OF PARTNERSHIP DEVELOPMENT	LOTHIAN NHS BOARD

Each AAT should have at least one forum or reference group to make sure that community, voluntary sector and individual views are voiced and heard. (National Plan for Action on alcohol problems, para 7.10)

PLEASE LIST THE NAME, MEMBERSHIP (ORGANISATION ONLY), AND PURPOSE OF ALL SUB-GROUPS AND CONSULTATIVE FORUMS WITH AN ALCOHOL PROBLEMS REMIT, LINKS TO THE AAT AND THE NUMBER OF MEETINGS HELD IN 2002/03*

SUB GROUP/FORUM	PERMANENT OR SHORT LIFE?	MEMBERSHIP	PURPOSE	LINK TO AAT	NO OF MEETINGS IN 2002/03
YOUNG PEOPLE	PERMANENT	DIRECTOR OF EDUCATION (CHAIR) (Midlothian Council)	In partnership with young people, their parents/carers and others; <ul style="list-style-type: none"> Reduce the acceptability of substance misuse; Reduce problematic substance misuse to help young people achieve their full potential in society 	CHAIR – DONALD MACKAY	9
		EDUCATION OFFICER (Midlothian Council)			
		SUBSTANCE MISUSE EDUCATION DEVELOPMENT OFFICER – YOUNG PEOPLE, MDAAT (Midlothian Council)			
		SUBSTANCE MISUSE DEVELOPMENT OFFICER, MDAAT (Midlothian Council)			
		PRACTICE TEAM MANAGER - CHILDREN & FAMILIES SOCIAL WORK			
		INTEGRATION MANAGER - NEW COMMUNITIES SCHOOL PROJECT (Midlothian Council)			
		TEAM LEADER - COMMUNITY EDUCATION (Midlothian Council)			
		HEAD TEACHER - PRIMARY SCHOOLS REP (Midlothian Council)			
		TEACHER – SALTERSGATE SPECIAL SCHOOL			
		LOTHIAN NHS BOARD			
		DRUG AWARENESS OFFICER – LOTHIAN & BORDERS POLICE			
		CHILDREN'S REPORTER			
		PROJECT CO-ORDINATOR – MIDLOTHIAN YOUNG PEOPLE ADVISORY PROJECT			
ADULTS	PERMANENT	CHIEF SOCIAL WORK OFFICER(CHAIR)(Midlothian Council)	Enable people with drug and alcohol problems to overcome them and live healthy and crime free lives	CHAIR – MALCOLM MCEWAN	3
		SUBSTANCE MISUSE DEVELOPMENT OFFICER (MDAAT) (Midlothian Council)			
		COMMUNITY EDUCATION OFFICER (Midlothian Council)			
		PLANNING & COMMISSIONING OFFICER - SOCIAL WORK (Midlothian Council)			
		MIDLOTHIAN HEALTHCARE CO-OP			
		SERGEANT - LOTHIAN & BORDERS POLICE			
		EDINBURGH PRISON			
		MANAGER – MELD			
		DISTRICT MANAGER - EMPLOYMENT SERVICES			
		ASSISTANT DIVISIONAL DIRECTOR - AXIS			
		COMMUNITY MENTAL HEALTH TEAM			
		CDPS – NHS LOTHIAN			
		ELCA			
		PROCURATOR FISCAL OFFICE			
DEVELOPMENT OFFICER – SCOTTISH DRUGS FORUM					

**From May 2003 the Adults Sub Group will be replaced by a Commissioning Group with the Design of Drug and Design of Alcohol Services working groups being confirmed as permanent groups.

SUB GROUP/FORUM	PERMANENT OR SHORT LIFE?	MEMBERSHIP	PURPOSE	LINK TO AAT	NO OF MEETINGS IN 2002/03
COMMUNITIES	PERMANENT	SUPERINTENDENT – LOTHIAN & BORDERS POLICE (CHAIR)	Raise awareness within Communities about the effects of drug and alcohol misuse and work within communities towards solutions as a means of reducing the fear of drug and alcohol related crime.	CHAIR – JIM TILSTON	8
		EDUCATION OFFICER – COMMUNITY EDUCATION (Midlothian Council)			
		SUBSTANCE MISUSE DEVELOPMENT OFFICER (MDAAT) (Midlothian Council)			
		SENIOR COMMUNITY DEVELOPMENT & RECREATION OFFICER - COMMUNITY SERVICES (Midlothian Council)			
		PRINCIPAL HOUSING OFFICER – HOUSING (Midlothian Council)			
		INSPECTOR – LOTHIAN & BORDERS POLICE			
		DISTRICT MANAGER – EMPLOYMENT SERVICES			
		MIDLOTHIAN VOLUNTARY ACTION			
		SENIOR REGENERATION OFFICER – ECONOMIC DEVELOPMENT (Midlothian Council)			
		MIDLOTHIAN CHAMBER OF COMMERCE			
		MANAGER – MELD			
		LOTHIAN NHS BOARD			
		FEDERATION OF COMMUNITY COUNCILS REPRESENTATIVE			
		SUBSTANCE MISUSE EDUCATION DEVELOPMENT OFFICER (TRAINING) (MDAAT funded)			
TRAINING	PERMANENT	EDUCATION OFFICER (CHAIR APRIL 2002) (Midlothian Council)	Increase knowledge about Substance misuse throughout Midlothian through effective, multi-agency training programmes to enable individuals to recognise and respond appropriately to substance misuse.	CHAIR – JOHN THAYERS	6
		SUBSTANCE MISUSE DEVELOPMENT OFFICER, MDAAT (Midlothian Council)			
		TRAINING & DEVELOPMENT OFFICER – SOCIAL SERVICES (Midlothian Council)			
		TRAINING OFFICER – COMMUNITY EDUCATION (Midlothian Council)			
		REGIONAL TRAINER - STRADA			
		PROJECT WORKER – MELD			
		DRUG AWARENESS OFFICER – LOTHIAN & BORDERS POLICE			
		CPN – COMMUNITY MENTAL HEALTH TEAM			
		HEAD TEACHER - PRIMARY SCHOOLS REP (Midlothian Council)			
		TEACHER – SALTERSGATE SPECIAL SCHOOL			
		LOTHIAN NHS BOARD			
		DRUG AWARENESS OFFICER – LOTHIAN & BORDERS POLICE			
		CHILDREN'S REPORTER			
		PROJECT CO-ORDINATOR – MIDLOTHIAN YOUNG PEOPLE ADVISORY PROJECT			

SUB GROUP/FORUM	PERMANENT OR SHORT LIFE?	MEMBERSHIP	PURPOSE	LINK TO AAT	NO OF MEETINGS IN 2002/03
DESIGN OF ALCOHOL SERVICES GROUP	SHORT LIFE Permanent from May 2003	SUBSTANCE MISUSE DEVELOPMENT OFFICER (CHAIR) SISTER – GLENESK CENTRE CPN – ALCOHOL SERVICES HEAD OCCUPATIONAL THERAPIST – ROSSLYNLEE HOSPITAL HEALTH VISITOR - THE ROBERTSON MEDICAL CENTRE LIBRA CONSULTING PSYCHIATRIST – GLENESK CENTRE SOCIAL WORK DEPARTMENT DOCTOR – BONNYRIGG HEALTH CENTRE CLINICAL PSYCHOLOGIST– ROSSLYNLEE HOSPITAL AXIS ELCA ORCHARD CENTRE (SERVICE USER) ORCHARD CENTRE (SERVICE USER) SENIOR SOCIAL INCLUSION OFFICER – LOTHIAN NHS BOARD	<ul style="list-style-type: none"> Produce a model of integrated services for Midlothian Identify gaps in service 	CHAIR – LIZ COATES	10
DESIGN OF DRUG SERVICES GROUP	SHORT LIFE Permanent from May 2003	SUBSTANCE MISUSE DEVELOPMENT OFFICER (CHAIR) SENIOR COMMUNITY MENTAL HEALTH NURSE – CDPS COMMUNITY MENTAL HEALTH NURSE – CDPS HARM REDUCTION TEAM LEADER – SPITAL STREET CENTRE CONSULTANT PSYCHIATRIST – GLENESK CENTRE SISTER – GLENESK CENTRE CHARGE NURSE – LOGANLEE CENTRE MELD 2 DOCTORS – BONNYRIGG HEALTH CENTRE SOCIAL WORK DEPARTMENT SOCIAL WORKER (SUBSTANCE MISUSE) SCOTTISH DRUGS FORUM AXIS SENIOR HEALTH PROMOTION SPECIALIST – LOTHIAN NHS BOARD SERVICE USER PROGRESS2WORK	<ul style="list-style-type: none"> Produce a model of integrated services for Midlothian Identify gaps in service 	CHAIR – LIZ COATES	10

SUB GROUP/FORUM	PERMANENT OR SHORT LIFE?	MEMBERSHIP	PURPOSE	LINK TO AAT	NO OF MEETINGS IN 2002/03
MIDLOTHIAN VOLUNTARY SECTOR FORUM	PERMANENT	AXIS	<ul style="list-style-type: none"> To discuss issues of common interest. To exchange information about the work each organisation does, the client groups they work with and the services offered. To identify gaps and overlaps in services To benefit from representation on MDAAT. 	MVA representative attends Strategic Group and Communities sub-group	3
		CAPITAL C			
		CHILDREN FIRST			
		ELCA			
		LIBRA			
		LINKS			
		MELD			
		MVA			
		MYPAS			
		SACRO – DRUGS PROJECT			
		SACRO – ALCOHOL PROJECT			
		SACRO – TRANSITIONAL CARE TEAM			
		SIMPSON HOUSE			
		SDF			
		WHO CARES?			
Y2K					

PLEASE DETAIL IN BROAD TERMS HOW SCOTTISH EXECUTIVE DAT/AAT SUPPORT FUNDING IS USED*

ALLOCATION FOR 2002/2003	DRUGS AND ALCOHOL PROBLEMS	£47,411 + £6,545.37 carried forward	TOTAL: £53,956
Category of spend eg salaries	Expenditure £		
SALARIES	£49,188.36		
COMMUNICATION WORK	£ 1,255.97		
Total	£ 50,444.33		

A2. PARTNERSHIP AND JOINED-UP WORKING:

AATs will work within the community planning framework. Their strategies will need to join up with other relevant local plans including those for health services, children's services, drugs and community care.

(National Plan for Action on alcohol problems, para 7.8)

WHAT ARRANGEMENTS ARE IN PLACE TO HELP PROMOTE EFFECTIVE INVOLVEMENT BY BOARD AND ELECTED MEMBERS IN THE WORK OF THE AAT?*	Midlothian Council has a Cabinet Elected Member responsible for Social Work. The Chair (Chief Social Work Officer) reports to the Cabinet member.
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WHAT ARRANGEMENTS ARE IN PLACE TO HELP PROMOTE EFFECTIVE COMMUNITY INVOLVEMENT IN THE WORK OF THE AAT*	Arrangements are in place to link with the Community Planning process. We have a representative from the Federation of Community Council on our Communities Sub Group. Also on our Communities Sub Group is the Community Education Officer responsible for the Community Learning Plan. Police and Housing Community consultation results are brought to the DAAT. MDAAT Chair and Substance Misuse Development Officer have given a presentation to Community Forums. New project to engage with Communities planned for 2003-2004.
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WHAT ARRANGEMENTS ARE IN PLACE TO HELP PROMOTE EFFECTIVE SERVICE USER AND CARER INVOLVEMENT IN THE WORK OF THE AAT*	<ul style="list-style-type: none"> ▪ Consulting with young people is crucial part of remit for new Education Development Officer post. ▪ We have 2 service users as members of our Design of Alcohol Services Working Group. ▪ MDAAT is currently reviewing all adult drug and alcohol services for Midlothian people, which include individual interviews and focus groups with service users.
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ARE MECHANISMS NOW IN PLACE TO ENSURE JOINT WORKING WITH SIPs,* CSPs* AND LICENSING BOARDS?		
SOCIAL INCLUSION PARTNERSHIPS	YES	Midlothian is not an identified SIP area but a partnership exists. 3 members on our Communities Sub Group are also members of the Social Inclusion Partnership
COMMUNITY SAFETY PARTNERSHIPS	YES	There are a number of members of MDAAT who are also members of the Community Safety partnership, including Superintendent Jim Tilston and Liz Coates. The Community Safety Partnership and MDAAT are jointly funding the Substance Misuse Offenders Service.
LICENSING BOARDS	YES	MDAAT Chair and Development Officer meet with Licensing Board Chair annually, with communication as relevant between meetings. Following the elections in May, consideration will be given to reforming the Licensing Forum.

HOW DOES THE AAT CONTRIBUTE TO / INFORM THE COMMUNITY PLANNING PROCESS AND SPECIFIC LOCAL PLANS AND STRATEGIES?*	BRIEFLY OUTLINE, AND IF IMPROVEMENTS ARE NECESSARY EXPLAIN ACTION BEING TAKEN.
COMMUNITY CARE PLANS	Substance Misuse Development Officer is involved in preparing substance misuse sections.
JOINT HEALTH IMPROVEMENT PLANS	Common Membership - Health/MDAA
LOCAL HEALTH PLANS	Common Membership – Health/MDAAT
CHILDREN'S SERVICES PLANS	MDAAT Young People Group reports both to the Children Services Planning Group and MDAAT.
HEALTH AND HOMELESSNESS ACTION PLANS/LOCAL AUTHORITY HOMELESSNESS STRATEGY	Common Membership - Senior Housing Officer/ MDAAT Communities Sub Group
CRIMINAL JUSTICE STRATEGIC PLAN	Common Membership - Criminal Justice Planning & Commissioning Officer/MDAAT Adults Sub Group
MENTAL HEALTH	Common Membership – Mental Health Plan and Commissioning Officer/MDAAT Adults Sub Group
DOMESTIC ABUSE	Currently no direct links. Improvements planned during 2003-04
MATERNITY SERVICES	Currently no direct links. Improvements planned for 2003/04
OTHER (PLEASE SPECIFY)	

A3. ACTION LINKED TO NATIONAL INITIATIVES AND PRIORITIES:

ALCOHOL PROBLEMS COMMUNICATIONS STRATEGY:

BRIEFLY OUTLINE WHAT THE ACTION TEAM IS DOING:

TO COMMUNICATE LOCAL ACTION ON ALCOHOL PROBLEMS TO THE WIDER COMMUNITY

Midlothian has appointed a part time Communications Officer for MDAAT who has developed a communication strategy in conjunction with the Substance Misuse Development Officer. Communities Sub Group have representation from Federation of Community Councils and MDAAT has used Local Community Forums to engage with communities in 2002-2003. During 2003-2004 a new project is planned to engage with communities.

TO FOSTER GOOD RELATIONS WITH THE LOCAL MEDIA

MDAAT Communications Officer (already Midlothian Council employee) will utilise existing good links with local media.

ON OTHER ASPECTS OF COMMUNICATIONS (If NOT already identified in Part B)

Communication within Drug & Alcohol Action Team a priority to ensure good partnership working. ½ day conference in Midlothian on 31/5/02 highlighted this need. We are addressing this by producing a staff newsletter (twice yearly)

SCOTTISH TRAINING ON ALCOHOL AND DRUG ABUSE:*

HAS THE ACTION TEAM HAD CONTACT WITH STRADA?

YES

TO WHAT EXTENT ARE STRADA CONTRIBUTING TO LOCAL DEVELOPMENT NEEDS?

A representative from STRADA is a member of our Training Sub Group. They have and will continue to provide training in Midlothian.

VOLUNTARY SECTOR:*

HAS THE SECURITY OF 3 YEAR FUNDING PROVIDED BY THE EXECUTIVE BEEN PASSED ON TO ALL THE VOLUNTARY SECTOR AGENCIES UNDERTAKING COMMISSIONED WORK IN THE AAT AREA THROUGH SERVICE LEVEL AGREEMENTS?

N/A

(If NO briefly outline reasons)

JOINT FUTURE GROUP:*

WHAT INITIATIVES ARE ALREADY IN PLACE, OR PLANNING DONE ON:

SINGLE SHARED ASSESSMENT?

Pan Lothian SSA Group developed protocols and assessment tools. Midlothian Implementation Group overseeing progress in all client groups

JOINT MANAGEMENT AND RESOURCING?

Develop aligned budget for all client groups overseen by Joint Futures committee

A4. HOW THE AAT UNDERTAKES ITS PLANNING:

NEEDS ASSESSMENT*

<p>DESCRIBE NEEDS ASSESSMENT WORK UNDERTAKEN TO SUPPORT THE 3 YEAR LOCAL ACTION PLAN</p>	<ul style="list-style-type: none"> ▪ Local seminar to discuss needs of children of substance misusing parents hosted jointly by Child Protection Liaison Group and MDAAT. ▪ Local specialist services completed mapping of existing services. ▪ Local specialist services are providing data to centralised point i.e Substance Misuse Development Officer ▪ ISD has provided Midlothian Data ▪ Local morbidity register project has provided LHCC data ▪ Lifestyle survey completed (see below) ▪ Communities That Care survey (see below) ▪ TASC Schools survey completed (see below) ▪ SDF Service Review – Interim report completed (see below) ▪ SALSUS School's report
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REVIEWING EXISTING SERVICES

<p>HOW HAS THE AAT REVIEWED EXISTING ACTIVITIES AND SERVICES IN IT'S AREA IN THE LIGHT OF NEEDS ASSESSMENT WORK?</p>	<p>Briefly Outline</p> <ul style="list-style-type: none"> ▪ Schools – Advice given to schools in light of TASC report and 4 year review programme based on locality developed and agreed ▪ Adult Services – Members of Design of Alcohol Services Working Group working with SDF to review existing activities in a move towards an integrated care pathway. The need to improve alcohol services highlighted in SDF interim report also that there should be more choice for people in relation to psychosocial interventions as well as medical interventions. ▪ Children of substance misusing parents – Need for guidelines and protocols in adult agencies dealing with substance misusing parents identified. Need for further specialist family support identified ▪ Young People – SDF review suggests a weakness in service provision for young people with alcohol and drug problems ▪ Communication – identified as being poor. Communications Officer appointed and communication strategy developed which includes producing leaflets for all households about MDAAT developments, a service directory and staff newsletter. The need to engage with communities highlighted and project developed.
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MONITORING AND EVALUATION

<p>HOW DOES THE AAT MONITOR AND EVALUATE ACTIVITIES AND SERVICES?</p>	<ul style="list-style-type: none"> ▪ Substance Misuse Development Officer has overall responsibility to monitor, evaluate and co-ordinate all activities and services. All projects are expected to indicate and implement evaluation methods within the project design and operation. ▪ Commissioning Officers in Health and Social work are part of MDAAT commissioning process. ▪ Education Officer with line management responsibility for the two Substance Misuse Education Development Officers' assists in the monitoring and evaluation of all education projects.
<p>HAS THE AAT USED THE EIU EVALUATION GUIDES OR SIMILAR TOOLS TO DEVELOP OR IMPROVE LOCAL SERVICES?*</p>	<ul style="list-style-type: none"> ▪ EIU guides used frequently in various working groups and in service level agreements. ▪ Mark Bitel, Partners in Evaluation offered 2 day course in Midlothian – 17 participants attended day 1 and 8 participants in day 2.

RESEARCH

<p>GIVE BRIEF DETAILS OF ANY RESEARCH BEING CONDUCTED LOCALLY WITH THE SUPPORT OF THE AAT, AS EITHER A LOCAL STUDY OR PART OF A BROADER EXERCISE</p>	<ul style="list-style-type: none">▪ 16-24 Young Men's Lifestyle Survey – A 25 question lifestyle survey completed through the Young Guns Task Group. Questionnaire self completed anonymous and confidential. 105 returned from 6 different locations in Midlothian. In addition 19 semi structured telephone interviews were conducted with key professionals.▪ TASC Agency commissioned by MDAAT/Education Department to review progress on school based substance misuse education programme.▪ SDF was commissioned by MDAAT to carry out a review of Midlothian Drug & Alcohol Services. The objectives of the review are to:<ol style="list-style-type: none">1. Establish how the present service provisions works by:<ol style="list-style-type: none">(a) identifying the scale of the problem in Midlothian(b) Identifying what the existing services do<ul style="list-style-type: none">- what treatment interventions they use- who are their target group(s)- specialist service or generic provision- what is the level of demand- waiting times(c) Mapping the referral process for people with drug and/or alcohol problems(d) Mapping how services engage with service users and with other services – is a holistic approach taken to deal with a person's problems? Are the services "joined up"2. Evaluate the quality of the existing services from the perspective of service users, service providers and stakeholders. This will entail:<ol style="list-style-type: none">(a) Obtaining the views of service providers and stakeholders on the services that exist and their views on further service needs and development.(b) Obtaining the service user perspective on the existing service with a focus on<ul style="list-style-type: none">- assessment procedure- waiting times- level of choice- quality of service- quality and skills of the staff- suggestions for improvements- suggestions for other services that are required3. Assist Midlothian DAAT's development of Integrated Care Pathways▪ Communities that Care - Archival data and pupil surveys (including drug and alcohol information) completed and Risk Audit Report compiled. Six risk factors have been prioritised and action plan being developed outlining Communities that Care initiatives to be used to address these risk factors.
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A5. AAT AGREEMENT (TO COMMIT MEMBERS AND THEIR PARENT ORGANISATION WHERE APPROPRIATE TO THE 3 YEAR LOCAL ACTION PLAN)

NAME	ORGANISATION/DEPT	SIGNATURE	DATE
MALCOLM MCEWAN	MIDLOTHIAN COUNCIL CHIEF SOCIAL WORK OFFICER		
DONALD MACKAY	MIDLOTHIAN COUNCIL DIRECTOR OF EDUCATION		
LIZ COATES	MIDLOTHIAN COUNCIL MDAAT SUBSTANCE MISUSE DEVELOPMENT OFFICER		
JOHN THAYERS	MIDLOTHIAN COUNCIL EDUCATION OFFICER		
JIM TILSTON	LOTHIAN & BORDERS POLICE SUPERINTENDENT		
DAVID WHITE	MIDLOTHIAN HEALTHCARE CO-OP MANAGER		
GRAEME McARTHUR	SCOTTISH DRUGS FORUM DISTRICT MANAGER		
ALISON MALCOLM	MIDLOTHIAN VOLUNTARY ACTION VOLUNTARY SECTOR REPRESENTATIVE		
MARGARET WELLS	DIRECTOR OF PARTNERSHIP DEVELOPMENT LOTHIAN NHS BOARD		

PART B – 3 YEAR LOCAL ACTION PLAN

LONG TERM AIMS

- *To reduce consumption of alcohol by some groups within the population, whose drinking gives particular cause for concern. [eg binge drinkers]*
- *To reduce harmful patterns of alcohol consumption.*

(National Plan for Action on alcohol problems, para 2.8)

KEY PRIORITIES

- *To reduce binge drinking, because of the harmful social and individual consequences;*
- *To reduce harmful drinking by children and young people because of the particular health and social risks.*

(National Plan for Action on alcohol problems, para 2.9)

NATIONAL TARGETS

- *To reduce the incidence of adults exceeding weekly sensible drinking levels from:*
 - *33% to 31% for men between 1995 and 2005 and to 29% by 2010;*
 - *13% to 12% for women between 1995 and 2005 and to 11% by 2010.*

The Plan for Action (para 2.11) also sets key priorities to reverse current upward trends [in]:

- *binge drinking*
- *harmful drinking by children and young people*

LOCAL TARGET SETTING

Has the AAT set local targets, measurable against baselines through data collected locally eg in lifestyle surveys, for any of the following? If so please give details:

Adults exceeding weekly sensible drinking levels	No	
Binge drinking	No	
Harmful drinking by children and young people	Yes	By measuring through the schools SALSUS survey Midlothian will reduce the harmful drinking by children and young people to be in line with national figures.
Other local priorities	Yes	MDAAT will set baseline figures during 2003-04 for adults accessing specialist alcohol services with the aim of setting targets to increase the number of people accessing specialist services during 2004-05 and 05-06

B1. CULTURE CHANGE

Aims:

- *Addressing some underlying broad issues such as poverty, that may foster harmful drinking cultures and prevent health improvement.*
- *Prompting thought and debate among the general public and opinion-formers about the issues involved.*
- *Giving people the information that they need.*
- *Influencing attitudes of individuals and organisations.*
- *Giving people access to help when they want to change their behaviour.*
- *Ultimately, changing behaviour.*

(National Plan for Action on alcohol problems, para 3.13)

Action:

- **Each AAT should make prevention, education and communications an integral part of its local strategy (para 4.11)**
- **AATs should include, as part of local prevention, education and communications, action targeted at the needs of significant local equality groups (para 4.45)**

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/2006	Approx. costs in each year applicable & source of funding (where identified)
<p>1. Local communications with the public eg leaflets, campaigns</p>	<ul style="list-style-type: none"> ▪ Part Time Communications Officer appointed (May 2002) ▪ Communication Strategy developed and agreed by Strategic Group ▪ All Sub Groups exploring ways to promote sensible drinking ▪ Producing MDAAT 'general' leaflet ▪ Services produced and distributing their own leaflets ▪ NHS Lothian circulated card of alcohol services available across Lothian ▪ Lothian Health Promotion Resources Centre stores leaflets for professionals to distribute. Alcohol resource catalogue available and loan of resources including teaching kits, videos. Health promotion assistants available for staffing stalls at public events 	<ul style="list-style-type: none"> ▪ Publish Alcohol Action plan via Midlothian Council Website. Ensure all publications are in user friendly format ▪ Produce MDAAT service directory ▪ Distribute General leaflet to every household in Midlothian ▪ Provide staff newsletter twice yearly ▪ All services to revise their leaflets and consider linking information of other services 	<ul style="list-style-type: none"> ▪ Publish Action Plan 2003/04 ▪ Update service directory ▪ Update and distribute MDAAT leaflet ▪ Produce staff news letter 		<ul style="list-style-type: none"> ▪ Broad communications work will be funded from £ 10,000 Alcohol Communications fund each year. ▪ Individual services review through existing SLA funds
<p>2. Communications targeted at significant local equality groups</p>	<ul style="list-style-type: none"> ▪ Young People (16-25 years) ▪ Refer to alcohol within information for generic health & wellbeing project/issues. 	<ul style="list-style-type: none"> ▪ Advertising campaign on substance misuse (posters in toilets) ▪ Bus shelter campaign ▪ Summer holiday survival pack ▪ Driving Instructors Project 	<ul style="list-style-type: none"> ▪ Develop MDAAT website ▪ Review initiatives and continue if appropriate 		<p>£2,000 each year for young people work (funding not yet identified)</p>

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/2006	Approx. costs in each year applicable & source of funding (where identified)
3. Work with local media	<ul style="list-style-type: none"> ▪ Communication Officer has responsibility for work with the local media and developing local campaigns to tie in with national drives. ▪ NHS Lothian has articles in local papers (e.g. Evening News) by LUHT Medical Director. 	<ul style="list-style-type: none"> ▪ Press releases covering: <ul style="list-style-type: none"> - Service review volunteers - Substance Misuse Offenders Service - Peer Education Programme ▪ Continue to respond pro-actively and reactively as necessary ▪ NHS Lothian raises awareness of existing services and health issues relating to alcohol and will publicise new services starting up. 	<ul style="list-style-type: none"> ▪ Continue to engage pro-actively and reactively as necessary 	<ul style="list-style-type: none"> ▪ Continue to engage pro-activity and reactivity as necessary. 	<ul style="list-style-type: none"> ▪ See Communications work above
4. Changes in terminology to "alcohol problems" in relevant communications with the public	<ul style="list-style-type: none"> ▪ Reactive and proactive work is done as appropriate via MDAAT Communications Officer and Substance Misuse Development Officer. ▪ Ensure all communications refer to 'alcohol problems' a main terminology. 	<ul style="list-style-type: none"> ▪ Review council, health, police and voluntary agency publications to ensure consistency of approach. 			

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/2006	Approx. costs in each year applicable & source of funding (where identified)
5. Promoting sensible workplace alcohol policies in organisations and professions locally and providing training	<ul style="list-style-type: none"> ▪ Substance Misuse workplace survey (800 local employers sent a questionnaire, results currently being collated). ▪ Employment Action Group (reports to SIP and MDAAT) currently developing an operational plan to build partnerships and improve access to jobs and other opportunities for vulnerable people in Midlothian. ▪ Take advice from Lothian Health Promotion and Guidance within SHAW 	<ul style="list-style-type: none"> ▪ Substance Misuse information distributed to employers as a result of questionnaire. ▪ Identify funding for part time worker to work in conjunction with Chamber of Commerce to promote policy and offer range of training and awareness sessions. ▪ Employment Action Group to explore new service development to address gaps. 	<ul style="list-style-type: none"> ▪ Appoint staff to deliver training to employers ▪ "We can work it out" display board in work places 	<ul style="list-style-type: none"> ▪ Deliver training to employers 	<ul style="list-style-type: none"> ▪ £20,000 (each year) (funding not yet identified) SAD funding matched with and Alcohol funding for work place trainer post ▪ Amount of funding not yet established. Potential source New Opportunities "Better Off" fund
6. Workplace alcohol policies in AAT member organisations	<ul style="list-style-type: none"> ▪ NHS Lothian Policy completed ▪ Midlothian Council Policy completed. 	<ul style="list-style-type: none"> ▪ MDAAT involved in briefing sessions for managers. ▪ Voluntary organisations offered opportunities as employers. 			
7. Young people in work places	<ul style="list-style-type: none"> ▪ No current activity other than No. 5 above. 	<ul style="list-style-type: none"> ▪ Promote workplace policies 	<ul style="list-style-type: none"> ▪ Deliver workplace substance misuse awareness sessions aimed at young people ▪ Evaluate project 		(see workplace above)

B2 PREVENTION AND EDUCATION

Aims:

Short term:

- *To promote clear and consistent messages relating to alcohol problems [as set out in the Plan for Action]*

Long term:

- *To reduce specific risks relating to alcohol consumption, such as hazards through work or sports*

(National Plan for Action on alcohol problems, para 2.8)

Action:

- **Each AAT should make prevention, education and communications an integral part of its local strategy**
- **AATs and DATs should plan together to meet the prevention, education and treatment needs of children and young people in their area.**
- **LHCCs [or PCTs] with the support of public health practitioners and the wider multi-disciplinary team should consider organising health promotion activities that address alcohol problems or potential problems, in the context of delivering other health promotion advice. They should publicise that these services are available, in ways that are appropriate to the target client group.**
- **The Executive will consider with knowledgeable representative groups, whether it would be helpful to develop material on preventing alcohol problems within the overall communications strategy, targeted at specific equality groups.**
- **AATs should include, as part of local prevention, education and communications, action targeted at the needs of significant local equality groups.**

(National Plan for Action on alcohol problems, paras 4.11, 4.38, 4.45)

Standards (under the drugs strategy, these should have been met by 2002. "Drugs" here include alcohol and tobacco)

- **All schools to provide drug education to every pupil and to have written procedures for managing incidents of drug misuse, in line with national advice.**
- **All local authorities to have an agreed written policy on drug misuse applying to community education settings, covering drug education and the management of incidents of drug misuse.**

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx. costs in each year applicable & source of funding (where identified)
<p>1. Community based activities and promoting healthy alternative lifestyles*</p>	<ul style="list-style-type: none"> ▪ Support specific projects aimed at providing positive alternative lifestyles by providing specialist substance misuse awareness training for staff. <ul style="list-style-type: none"> - Y2K Video Project - SAD Rugby "Tackle it" project - Ruts - SACRO - MYPAS Young - Women's Interactive Drama Project ▪ Appoint Education Development Officer (substance misuse) x 2 ▪ Out of Schools activity programme funding application made to NOF Programme ▪ Safer Summer programme completed. ▪ Community education provision which relates to substance misuse:- <ul style="list-style-type: none"> - Health promotion audit of all work completed - Community Education team devote staff meeting to MDAAT Plan - Programme completed in Newbattle Centre Young Club plus programme began in Paradykes Centre Youth Club - Drugs sessions taken place with all 6th years at Penicuik High in Personal Safety Course facilitated and delivered by Penicuik Community learning and development team. 	<ul style="list-style-type: none"> ▪ Ruts Programme ▪ Explore potential of Miners Welfare Project ▪ NOF programme bid successful which will provide universal services with a focus on those at risk (including individual support packages). These services will be linked to locality teams. ▪ Community Education will:- <ul style="list-style-type: none"> - Re vamp and update drugs unplugged roadshow and train part time workers to use drugs unplugged - 2 street work sessions will be run in Danderhall. - Investiage methods to monitor informal discussions in clubs around health issues in conjunction with the quality assurance thematic group and the youth work thematic group. - Training session for full and part time staff on the implementation of the new Policy on substance misuse. 	<ul style="list-style-type: none"> ▪ Continue to support projects with training opportunities 	<ul style="list-style-type: none"> ▪ Continue to support projects with training opportunities. 	<ul style="list-style-type: none"> ▪ Ruts Programme £2,895 Community Safety Partnership Funding 2003-04 ▪ Staffing costs for Education Development Officers £62,059 – S.E. Drug funding ▪ Miners welfare project- £2,000 for resources and sessional staff costs for each year 2004-2006 Funding not yet identified ▪ NOF(PE & Sports activity programme) 3 yea funding package approx £523,000

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx. costs in each year applicable & source of funding (where identified)
	<ul style="list-style-type: none"> - Community Education worker has completed several sessions n drug awareness using the Drugs Roadshow format. - Dalkeith Community Education team has completed a community consultation exercise with young people called big ideas. This report highlights the discussion, which took place with young people about substance misuse. ▪ Community Services have: <ul style="list-style-type: none"> - Delivered physical activity and social education programmes (education includes sexual health, drugs and alcohol, body image, etc) - FemaleZONEly programme run in Mayfield, Dalkeith, Newtongrange, Penicuik, Gorebridge – free for females between 12-17 years. - 6 week pilot called Saturday Night Zone run from 6pm to 8pm at Queensway Leisure Centre for young people aged 12-16 years. 	<ul style="list-style-type: none"> - Personal Safety Course at Penicuik High School will have substance misuse as a theme throughout the discussions - Newbattle Team – re vamp and introduce 2/3 session in each club on substance misuse. - Clubs will run sessions on alcohol use ▪ Community Services will:- <ul style="list-style-type: none"> - Continue to provide programme - Explore running same programme for males 12-17 - Explore rolling out Midlothian wide - Midlothian Active Lifestyle Campaign (MALC) Project for 15-24 year olds at risk of exclusion. 			<p>No cost</p> <p>Approx £200 per week (NOF and Community Safety Funding) £2,00 MALK £300 Community Safety funding</p>
2. LHCC health promotion activities for the community	<ul style="list-style-type: none"> ▪ Specialist Alcohol Health promotion activity linked with initiatives in the voluntary sector and Primary care that are delivered in LHCC which have an alcohol element. <ul style="list-style-type: none"> - Healthy diet, nutrition and exercise advice, physical activity, domestic violence/abuse, health respect, smoking, diseases from cancer, older peoples health, mental health/well being advice and health lifestyle. ▪ Public Health Practitioners appointed to LHCC areas. ▪ Health Promotion Specialists located in LHCC area. 	<ul style="list-style-type: none"> ▫ No specific work planned for specialist alcohol issues. Health will respond as required and include alcohol issues where relevant/ 		<ul style="list-style-type: none"> ▪ NHS Lothian will assess heath/social impact of Public Health Practitioners posts, Health promotion specialists and social work posts working together in each locality 	

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx. costs in each year applicable & source of funding (where identified)
<p>3. Substance Misuse education in schools (includes all substances)*</p>	<ul style="list-style-type: none"> ▪ Appoint Education Substance Misuse Development Officers (see above) ▪ Establish MDAAT multi agency training sub-group to advise MDAAT strategic group and co-ordinate training throughout Midlothian. ▪ Develop substance misuse education training programme for staff <ul style="list-style-type: none"> - SAD funded Primary & Secondary school training completed. - Range of in-service and twilight course and probation teacher training. - Youth worker training - ½ day training opportunities for nursery nurses and classroom assistants. ▪ Purchase resources for schools ▪ Commissioned TASC Agency to review progress on the school based substance misuse education programme ▪ Education programme for P1-7 completed and distributed. ▪ Develop systems in schools for monitoring the implementation of drugs education programme in schools ▪ Peer Education Programme Year 1 completed 	<ul style="list-style-type: none"> ▪ Range of in-service training offered via MDAAT training programme by Education Development officer. ▪ Strategy for Youth worker training agreed. ▪ Questionnaire to teachers regarding their training needs distributed and results collated ▪ Purchase alcohol tool box for each locality team. ▪ Develop substance misuse education programme for S1-S6 involving guidance teachers and S5/6 pupils. ▪ Implement 1st phase of 4 year evaluation project ▪ Evaluate Peer Education Programme – Year 1 and deliver Year 2. 	<ul style="list-style-type: none"> ▪ Implement 2nd phase of 4 year evaluation project 	<ul style="list-style-type: none"> ▪ Implement 3rd phase of 4 year evaluation project. 	<ul style="list-style-type: none"> ▪ Ed.Dev. Officer salary (see above) ▪ Alcohol Tool Box £2,100 Drug Education Grant ▪ S1-S6 programme £2,100 replacement teacher time Drug Education grant ▪ Peer Ed. £1,500 Drug Education Grant

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx. costs in each year applicable & source of funding (where identified)
4. Written procedures for managing alcohol-related incidents in schools and community centres and resident social work and any other Council establishment.	<ul style="list-style-type: none"> ▪ Contract agreed with external consultant to produce guidelines for dealing with substance misuse incidents in schools, community centres and for looked after children. ▪ Policy guidelines for schools completed and distributed. ▪ Community Learning and Development Policy circulated for consultation. ▪ System developed for the central collation of substance misuse incidents in schools. 	<ul style="list-style-type: none"> ▪ Policy guidelines for community education and looked after children completed, agreed and implemented. ▪ Procedure for collation of substance misuse incidents in schools implemented and evaluated. ▪ Procedure for collation of substance misuse incidents in social work establishments, circulated for consultation, agreed and implemented. ▪ Incidents policy training for school and Community Learning and Development staff 	<ul style="list-style-type: none"> ▪ Policy guidelines for leisure centres completed, agreed and implemented. ▪ Monitor and evaluate policy and collation of substance misuse incidents in all council centres. 	<ul style="list-style-type: none"> ▪ Monitor and evaluate policy and collation of substance misuse incidents in all council centres. 	<ul style="list-style-type: none"> ▪ 2004/05 Policy £1,500 (consultant) Drug Education Grant ▪ 2003/04 Policy Training £2,700 (replacement teacher time) Drug Education Grant
5. Prevention and education targeted at significant local equality groups	<ul style="list-style-type: none"> ▪ Action 4 Change HIF funded 3 year initiative targeting young people from deprived areas. (Lifestyle focus with major alcohol element). ▪ Young Men – Young Guns initiative exploring young men’s mental health. • Offenders – Substance Misuse Offenders Service in early implementation stage. <ul style="list-style-type: none"> - Alcohol Education Programme to be considered as another option for referral. 	<ul style="list-style-type: none"> ▪ Year 2 of Action 4 Change Address interim report. ▪ To develop health promotion initiatives with young men. ▪ Develop alcohol education referral option 	<ul style="list-style-type: none"> ▪ Final year of Action 4 Change Evaluate project 		<ul style="list-style-type: none"> ▪ NHS Funded ▪ Offenders Service £10,000 Funding not yet identified

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx. costs in each year applicable & source of funding (where identified)
<p>6. Training and education provided on alcohol problems matters for professional groups and others</p>	<ul style="list-style-type: none"> ▪ Establish multi-agency training forum with appropriate links to other key groups - Group has met 3 times during 2002-2003 - Forum approved training diary that was distributed widely across Midlothian. - The diary offered 18 training events that were accessed by 181 people. The diary also raised awareness of courses ran by Lothian Health, Harm Reduction Team, University of Paisley & Telford College. - A range of training events offered to agencies that requested them. 17 requests were met by DAAT representatives. - Contacts database produced with more than 400 individuals & organisation details ▪ Produce training needs map for Midlothian to identify target groups - Training needs analysis form produced - A large number of training needs analysis forms was distributed. The majority through MVA to over 400 organisations however a very small amount were returned. - Training needs form revised and used with Foster carer's successfully determining training programme offered to them 	<ul style="list-style-type: none"> ▪ A new training diary is in progress covering April – Nov 2003. This will offer more courses, as a partnership with East Lothian DAAT will mean double the STRADA courses are available to Midlothian staff. ▪ Produce a Nov 2003- Mar 2004 training diary ▪ Increase range of course on offer, network to raise awareness of single agency training available, & increase contacts data base ▪ A database of training undertaken in Midlothian is in the progress of being formulized ▪ An annual report for 2002/03 to be written & circulated with recommendations ▪ Produce a questionnaire of training needs for attendees of training 			<ul style="list-style-type: none"> ▪ £9,000 for MDAAT training- Drug Funding

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx. costs in each year applicable & source of funding (where identified)
	<ul style="list-style-type: none"> ▪ Develop a tiered approach to substance misuse training. - Identify different tiers and basic competencies for each tier. - Identify training needs of individuals on tier. Draft tiered approach proposal written & presented to Strategic DAAT - Potential problems identified as competencies writing is huge area to undertake and assessing these competencies even bigger piece of work. ▪ Identify providers/misusers to the various tiers and gaps in provision. - Set up protocols to release staff and ensure implementation of training is monitored in workplace - England & other areas of Scotland are undertaking this work. Thus waiting to see how reports on how these have been progressed ▪ Lothian Health Promotion Training Programme offers full alcohol awareness courses for people working with adults and young homeless people 	<ul style="list-style-type: none"> ▪ Respond to the direction of the Strategic DAAT ▪ Produce a proforma for workers to complete re: previous training completed ▪ Continue with discussion with STRADA & Forth Valley DAAT to discuss progression of tier approach & competencies ▪ Has shown high uptake and will be continued 	<ul style="list-style-type: none"> ▪ To be continued if demand is evident 	<ul style="list-style-type: none"> ▪ To be continued if demand is evident 	<ul style="list-style-type: none"> ▪ Funded from Health Promotion Training Budget
7. Parents Work	<ul style="list-style-type: none"> ▪ Give parents information in a form they find useful and accessible - Article submitted to Healthy respect parents newsletter - Multi-agency working group set up - Met with school boards chairs to discuss training needs - Parents nights 	<ul style="list-style-type: none"> ▪ Parents evening planned for Penicuik HS, Dalkeith HS. ▪ Young people's drama event at St David's primary school ▪ A report from multi-agency working group reviewing ways of working with parents 			(see No. 6 above)

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx. costs in each year applicable & source of funding (where identified)
	<ul style="list-style-type: none"> ▪ Target parents that would not normally attend a school parent's evening - 1200 leaflets were circulated to parents in Bonnyrigg/Loanhead area offering a parents course – 5 parents attended 3 week course - 40 parents expressed an interest in family learning partnership project. 16 started 5 week starter course. 13 parents graduated from course to look at resource. - Foster carer & day carer training in partnership with Fast Forward and social work. 	<ul style="list-style-type: none"> ▪ 13 parents entering stage two of family learning project will look at range of resources to produce a resource for Midlothian parent's ▪ Offer further training to foster carer/day carer as identified by initial training ▪ Look into offering further parent courses/a parent peer education project 			
8. Children with Special needs	<ul style="list-style-type: none"> ▪ Saltersgate Project - Training whole school staff group (approx 50) - Purchasing appropriate resources - Involving parents 	<ul style="list-style-type: none"> ▪ Ongoing 			<ul style="list-style-type: none"> ▪ £3,100 Drug Education Grant

B3. PROVISION OF SERVICES

Aims:

Short term:

- *To provide equitable, accessible and inclusive services to address the needs of others who experience problems with alcohol and those affected by others' alcohol problems*
- *To improve awareness of sources of help and support with alcohol problems*

(National Plan for Action on alcohol problems, para 2.8)

Action

- **To use the framework for alcohol problems support and treatment services to assess local needs, identify service gaps and develop plans to fill these. The framework will include guidance on core principles, assessment of individual needs, provision of services for specific groups, working across organisational boundaries, effectiveness and quality standards. It will cover a range of services that may be run by statutory, voluntary or independent providers: whichever can do the best job (Chapter 5).**
- **To ensure that local strategies take into account the particular needs of service users in rural areas and from other specific groups. The evidence summary identified particular gaps in services suitable for children and young people. This includes services tackling young people's own drinking and supporting children who are affected by other people's alcohol problems (Chapter 5).**

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx costs in each year applicable & source of funding (where identified)
<p>Tier 1: services for the whole community</p> <ul style="list-style-type: none"> Advice and information about support and treatment services 	<ul style="list-style-type: none"> Produce MDAAT 'general' leaflet. Each agency produces information about their own service. Agencies reviewing training needs of staff Agree new project "SMASHed" for 12-25 year olds with MYPAS which links poor sexual health practices and substance misuse. Application to Lloyds TSB for match funding Vast array of material and videos available from Lothian Health promotion Resource Centre, partly generic but also focusing on specific groups – young people, students (the little book of bevy, students healthy card) and older people. Community Ed working with Ed.Dev officer in Youth Clubs Support for employees from Occupation Health Staff NHS 24 	<ul style="list-style-type: none"> Circulate MDAAT general leaflet to every household. Produce detailed service directory <ul style="list-style-type: none"> -1) alcohol -2) drugs -3) contribute to young people directory in consultation with all services MYPAS "SMASHed" project to begin in Sept. 03 Production of alcohol resource catalogue for Lothian Health Resource Centre. Community Education Projects Dialogue Youth Project – staff appointed 	<ul style="list-style-type: none"> Explore options for MDAAT web page/site Continue to develop project as stated in project action plan 	<ul style="list-style-type: none"> Evaluate impact of project and identify if appropriate, future funding sources 	<ul style="list-style-type: none"> See communications above MYPAS Project- 2003-2004 £37,656 total (£18,828 Lloyds TSB and Education drug grant-match funding alcohol plan) 2004-2005 £37,485 total (£18,743 Lloyds TSB-match funding alcohol plan) 2005-2006 £39,118 total (£19,559 Lloyds TSB-match funding alcohol plan) No additional cost for dialogue youth project

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx costs in each year applicable & source of funding (where identified)
<ul style="list-style-type: none"> • Support for families, carers and friends 	<ul style="list-style-type: none"> ▪ Family support offered via ELCA, LIBRA and mainstream services. ▪ Midlothian Seminar held re substance misusing parents hosted by Child Protection Liaison Group and MDAAT ▪ Young Carer's Project service extended to include young carers of substance misusing parents. ▪ Service review undertaken by SDF which includes the views of families, carers and friends. 	<ul style="list-style-type: none"> ▪ Identify funding to provide a range of support to families. ▪ Produce guidelines and procedures for adult agencies which work with substance misusing parents. ▪ Provide substance misuse training to generic staff. ▪ Identify funding to increase the range of specialist family support in partnership with Children 1st. 	<ul style="list-style-type: none"> • Develop needs led services after service review. • Monitor new guidelines • Continue to provide appropriate training • Agree service specification with Children 1st 		<ul style="list-style-type: none"> ▪ £ 15,000 each year for family support groups ▪ No additional cost for training ▪ Young Carers Project <u>2002-03</u> - £57,182 Total (£28,592 Lloyds TSB and £28,592 Childrens Change) <u>2003-04</u> - £53,650 Total (£26,825 Lloyds TSB and £26,825 Childrens Change) ▪ £ 35,000 each year to appoint full-time family worker Funding not yet identified
<ul style="list-style-type: none"> • Workplace alcohol policies (see under B1) 	<ul style="list-style-type: none"> ▪ Advice, help, training on workplace policies available to any organisations in Midlothian from NHS Lothian Health promotion Resources Centre, HEBS, ELCA. 				

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx costs in each year applicable & source of funding (where identified)
<p>Tier 2: local services:</p> <ul style="list-style-type: none"> Identifying alcohol problems 	<ul style="list-style-type: none"> MDAAT Training Sub Group is currently evaluating 2002-2003 training programme in terms of quality and demand in relation to need. Training on brief intervention available from LPCT but on an adhoc basis 	<ul style="list-style-type: none"> Explore specific training needs of primary health care teams, social work and other professionals re screening for alcohol problems. Explore the options of brief interventions. Implement new SIGN Guidelines in primary care 	<ul style="list-style-type: none"> Agree screening tools across agencies Agree brief intervention methods Monitor outcomes Consider specific training for GPs 		<ul style="list-style-type: none"> No additional cost
<ul style="list-style-type: none"> Single shared assessment 	<ul style="list-style-type: none"> Midlothian currently developing SSA in line with S.E guidance 	<ul style="list-style-type: none"> Develop single shared assessment for people with substance misuse problems. SSA monitoring to establish incidence of alcohol misuse 			<ul style="list-style-type: none"> No additional cost
<ul style="list-style-type: none"> Care management and local integrated care pathways 	<ul style="list-style-type: none"> Design of Alcohol Services Working group have completed mapping of services and are currently working on an integrated care pathway. MDAAT has commissioned a review of alcohol (and drug) services which includes views of service users. Social Work Care Manager appointed November 2002. 	<ul style="list-style-type: none"> Develop and agree guidelines for admission to residential detox and rehab. Develop integrated care pathway. Review new post – Social Work Care Manager. 	<ul style="list-style-type: none"> Implement and monitor agreed new guidelines Monitor and evaluate specialist and generic services Increase specialist substance misuse care management provision 	<ul style="list-style-type: none"> Monitor and evaluate all services involved in integrated care pathways, identify gaps 	<ul style="list-style-type: none"> No additional cost for monitoring £35,000 each year to appoint additional care manager and admin support in 2004-2005 and 2005-2006

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx costs in each year applicable & source of funding (where identified)
<ul style="list-style-type: none"> Support for groups who have difficulties accessing mainstream services 	<ul style="list-style-type: none"> Young people -MYPAS and new area teams which include school based drop in clinics offer support Women -Limited service currently available Mental Health- LHCC currently offer detox with good links with Alcohol Liaison Nurse <ul style="list-style-type: none"> Mental Health planning day on 7th May Orchard Centre provide day support for people with alcohol and mental health problems Assertive Outreach project being developed in Midlothian Older people-Specialist Social work Care Manager appointed in Nov 02 offers advice to Community care colleges Specific health promotion material suitable for those with learning disabilities from Lothian Health promotion resource centre 	<ul style="list-style-type: none"> Continue to develop these areas Set up a local group for women Continue to develop good practice and explore links with new initiatives MDAAT will maintain close links with planning grup Establish extent and nature of issues for this group and consider increasing provision Explore a Lothian wide counselling helpline 			<ul style="list-style-type: none"> See MYPAS project above £2,000 for sessional staff for local groups No additional cost for information gathering Helpline additional costs unclear at this stage
<p>Tier 3: services for people with more complex needs:</p> <ul style="list-style-type: none"> Specialist health and social work support for local services 	<ul style="list-style-type: none"> General information and advice available from a range of generic staff and specialist services. 				

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx. costs in each year applicable & source of funding (where identified)
<ul style="list-style-type: none"> Identifying and addressing alcohol problems in NHS secondary care 	<ul style="list-style-type: none"> Alcohol Liaison Nurses at RIE working in acute settings 	<ul style="list-style-type: none"> Review care pathway process from hospital to community. Review services for substance misuse pregnant mothers and under 5's. Develop screening methods. 			<ul style="list-style-type: none"> No additional cost
<ul style="list-style-type: none"> Specialist services for adults 	<ul style="list-style-type: none"> Specialist alcohol services in Midlothian linked to APC, offers local assistance, advice, training and supporting detox – community and inpatient setting, onward referral to other services. Currently limited counselling services. service review has highlighted gaps 	<ul style="list-style-type: none"> Secure funding to extend Alcohol Liaison nursing service to West Midlothian (no service currently available). Secure funding to increase psychological service in Midlothian. Secure funding and identify provider to increase counselling services. Secure funding to develop buddying/befriending project (2 full time support workers). Identify provider Secure funding to increase AXIS service (currently set up with drug funding but 80% of existing clients have alcohol problem). Compilation of more accurate quantitative and qualitative information regarding social work contact with individuals with substance misuse problems Review OT, dietician and Physio support to people with alcohol problems 	<ul style="list-style-type: none"> Appoint staff to new positions Having identified gaps, identify funding. 	<ul style="list-style-type: none"> Monitor and review new service provision via Design of Alcohol Services Working Group. Consider providing some drug and alcohol services together 	<ul style="list-style-type: none"> Alcohol Liaison Nurse-£35,000 0.5 Psychologist-£19,000 Counselling services-£30,000 Buddying befriending project-£40,000 Axis-£32,000 No additional cost for collecting information and reviewing OT dietician and physio support. Funding for any new provision not yet identified.

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx costs in each year applicable & source of funding (where identified)
<ul style="list-style-type: none"> Specialist services for young people 	<ul style="list-style-type: none"> MYPAS currently offer service to young people New area teams will offer early intervention to young people and families. 	<ul style="list-style-type: none"> Identify funding to develop new substance misuse and sexual health project. 	<ul style="list-style-type: none"> Appoint staff and monitor project 	<ul style="list-style-type: none"> Evaluate project 	<ul style="list-style-type: none"> See MYPAS project above Area teams funded via Children's Change Funding
<ul style="list-style-type: none"> Services for people who also have drug or mental health problems 	<ul style="list-style-type: none"> Community Mental Health teams offer community detox assistance for inpatients. Specialist mental health post in housing. Rosslynlee Hospital offers inpatient detox 	<ul style="list-style-type: none"> Continue to offer services with ongoing monitoring Maintain close links with Social Crises Project 			<ul style="list-style-type: none"> No additional cost
<ul style="list-style-type: none"> Specialist support for criminal justice services 	<ul style="list-style-type: none"> Substance Misuse Offenders Service (including Arrest Referral Service) operational since April 2002 (via drug funding) 	<ul style="list-style-type: none"> Monitor and review service and identify funding to increase the range of service available to individuals with alcohol problems i.e. <ul style="list-style-type: none"> Counselling Family support Education groups 			<ul style="list-style-type: none"> £10,000 for alcohol support Funding not yet identified Substance Misuse Service funded via Scottish Executive drug funding (see below)
<ul style="list-style-type: none"> Support for prisoners whilst detained on release 	<ul style="list-style-type: none"> Scottish Prison Service 	<ul style="list-style-type: none"> Maintain close links with SPS and monitor transitional care programme ensuring clients are linked into substance misuse offenders service. 			<ul style="list-style-type: none"> No additional cost

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx costs in each year applicable & source of funding (where identified)
Tier 4: services for people with highly specialised needs	<ul style="list-style-type: none"> ▪ APS offering better access for inpatient detox e.g. for homeless people. ▪ Facilities for people with Karsakof are limited. ▪ Limited budget for private residential rehabilitation 	<ul style="list-style-type: none"> ▪ Review Lothian wide current specialist services for Karsakof Group and make recommendations. ▪ Review services budget levels and criteria for admission for rehab on a day and residential basis. 	<ul style="list-style-type: none"> ▪ Review inpatient services 		<ul style="list-style-type: none"> ▪ No additional cost
<i>(Add other local priorities)</i>					

B4. PROTECTION AND CONTROLS

Aims:

Long term:

- To reduce crime, nuisance and fear of crime relating to alcohol

(National Plan for Action on alcohol problems, para 2.8)

Action:

- Police to work in partnership with other agencies and with the licensed trade to prevent alcohol-related criminal and anti-social behaviour (para 6.16)**

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx costs in each year applicable & source of funding (where identified)
1. Linking AAT activities to Licensing Board decisions and initiatives	<ul style="list-style-type: none"> Consult with the Licensing Board about the Alcohol Action Plan 	<ul style="list-style-type: none"> Consider re-establishing Licensing Forum with involvement from Scottish Business in the Community. 			
2. Preventing underage sales	<ul style="list-style-type: none"> Licensing Officer counsels licence holders and new applicants Police report any breaches to Licensing Board 	<ul style="list-style-type: none"> Continue current activity plus "pro-active" policing policy 			
3. Other Enforcement initiatives	<ul style="list-style-type: none"> Target young drinkers – police warnings, referral to social work. Confiscate alcohol. Enforce drinking and public places by-law. 	<ul style="list-style-type: none"> Continue as per current activity 			
4. Community safety initiatives	<ul style="list-style-type: none"> The Community Safety Partnership provides funding to support the Substance Misuse Offenders Service (Arrest Referral Scheme) 	<ul style="list-style-type: none"> Continue as per current activity 			<ul style="list-style-type: none"> £12,000 from Community Safety Partnership funding

Element	Current Activity	Planned action, and expected outcomes 2003/04	Planned action, and expected outcomes 2004/05	Planned action, and expected outcomes 2005/06	Approx costs in each year applicable & source of funding (where identified)
5. Specific action to protect vulnerable groups identified locally from alcohol related nuisance or crime	<ul style="list-style-type: none"> ▪ Respond as necessary - no current specific action 	<ul style="list-style-type: none"> ▪ Continue to respond as necessary 			
6. Community-based criminal justice interventions linking offenders to support, treatment and rehabilitation	<ul style="list-style-type: none"> ▪ Criminal Justice Team <ul style="list-style-type: none"> - Drug & Alcohol Probation module - SACRO Alcohol Education Programme ▪ Midlothian Substance Misuse Offenders Service (commissioned April 2002) <ul style="list-style-type: none"> - Arrest Referral (Operational October 2002) - Criminal Justice Intervention - Diversion from Prosecution - Prison Throughcare 	<ul style="list-style-type: none"> ▪ Continue to monitor and evaluation services 			<ul style="list-style-type: none"> ▪ Substance Misuse Offenders Service - Total of £57,811 <ul style="list-style-type: none"> £12,000 Community Safety Funding £45,811 Rehabilitation Drug Funding 2003-04
7. Joint approaches to training in responsible serving	<ul style="list-style-type: none"> ▪ Support/encourage Servewise qualification, British Inkeepers Certificate etc. ▪ Counselling licence holders 	<ul style="list-style-type: none"> ▪ Continue as per current activity 			
8. Other local initiatives with producers or suppliers of alcohol	<ul style="list-style-type: none"> ▪ Distribute local proof of age cards (Portman Group/Young Scot) 	<ul style="list-style-type: none"> ▪ Consideration to renew contacts with Portman Group 			
<i>(Add other local priorities)</i>					

PART C: RESOURCES - DIRECT SPEND BY PARTNER ORGANISATIONS.

Action:

- *AATs should sign off plans by constituent agencies for providing and commissioning services, using both existing resources and any new funding that becomes available in future.*

(National Plan for Action on alcohol problems, para 7.11)

Direct Spend estimates for 2002-03 for the activities at Part B should be provided at NHS Board or Local Authority level by all AATs. See guidance notes on definition of direct spend.

Information for future years should be provided wherever possible. This will depend in part on any future announcements of new resources by the Executive. However resources may also be released locally through redesign of existing services. Indicate where resources are required for desirable developments included in Part B but for which funding is not yet identified from any source: local or national.

Those AATs which cover only part of a Local Authority, or which are one of a number of AATs in an NHS Board area are not required to identify expenditure at AAT level separately.

a) NHS Board(s)

NHS Board	Category of Spend	Amounts: £'000s			
		2002-03 (baseline)	2003-04 (planned)	2004-05 (planned)	2005-06 (planned)
Provision of Alcohol Problems Services – specialist in patient, out patient and community services. Lothian wide service.	Directly on NHS Alcohol Services for Lothian. NHS Lothian's contribution is for services Lothian wide.	£1,315,000	£1,315,000	£1,315,000	£1,315,000
	ELCA	£60,000	£60,000	£60,000	£60,000
	LIBRA	£15,000	£15,000	£15,000	£15,000
Support core funding in specialist voluntary organisations that are primarily based in Edinburgh but can be accessed by people from Midlothian	ELCA Hep C Service	£13,000	£13,000		

b) Local Authority(ies)

Local Authority	Category of Spend	Amounts			
		2002-03 (baseline)	2003-04 (planned)	2004-05 (planned)	2005-06 (planned)
	ELCA (including resource transfer)	£8,108	£8,310.70		
	LIBRA (including resource transfer)	£3,023	£3,098.58		
	BRENDA HOUSE)				
	CASTLE CRAIG)	£32,201.53	£32,201.53		
	PHOENIX HOUSE)				
	TURNING POINT	£33,710	£33,710		